BACK PAIN? SHOULDER PAIN? KNEE PAIN?

FREE SEMINAR

ON HOW TO STOP PAIN

RESERVATIONS REQUIRED. CALL 303-503-9344 TODAY

LIMITED SPACE SO DON’T WAIT TO SIGN UP

THURSDAY, APRIL 13th 7:30PM-9PM

* How to Get Out of Pain
* What to do When an Exercise Hurts
* How Exercise Helps Pain
* Q & A to Fine Extraordinary Health

KINETAFIT PERSONAL TRAINING STUDIO

50 N. Main St. Brighton, CO 80601

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| Adam Engel, PT, DPT, OCS | Ruston Webb, MS, CSCS, FMS |

[www.Kinetafit.com](http://www.Kinetafit.com)